



Erasmus+



TRAINING COURSE:

“Let’s draw ”

10.11. -17.11.2024

Brežice (Slovenia)

THE AIM OF THE PROJECT IS...

- to learn about basics of graphic facilitation and the difference between art and skill,
- to learn about typography, how to use colours, how to do shading, different shapes and formats of flip charts/paper/presentations,
- to enrich your visual vocabulary - we will collect different ideas for simple illustrated icons on different topics,
- to introduce a mindset “steal like an artist” which encourages creativity through the concept of “stealing ideas”,
- to provide a space for sharing ideas, encourage creativity and embracing mistakes,
- to learn how to simplify complex information, making it easier for participants to understand and engage with the content being presented,
- to develop analogue drawing skills,
- to help you explore your own style of graphic recording

ABOUT THE METHOD

Graphic facilitation is a visual thinking and communication technique that involves using images, drawings, and other visual elements to help individuals and groups understand, communicate, and solve problems more effectively. A graphic facilitator, also known as a visual facilitator or graphic recorder, typically works in real-time during meetings, workshops, or brainstorming sessions to visually capture ideas, concepts, and discussions. Graphic facilitation is a powerful tool for fostering creativity, engagement, and alignment within groups and organizations by leveraging the visual language to support communication and collaboration.

THE TRAINERS

Špela Gorjan is a youth worker, non-formal learning trainer and reality therapy practitioner. She is a head of youth NGO (Youth Aid Center Association - YACA) and graphic facilitator. Her passions are social skills training, reality therapy, communication, relationships, group building and creativity. She says that she thinks best with the help of drawing her own thoughts and words, so graphic facilitation is, for sure, a part of her everyday life.

Urška Pavlovič an artist, youth worker and non-formal learning trainer. She has been working in the youth sector for more than 13 years and work for various youth organizations in Slovenia, especially in Zagorje Youth Center. She also leads various international projects of the Erasmus+ program and the European Solidarity Corps, conducts various workshops and uses creative approaches in her works and encourages participants to express themselves through art.



PARTICIPATING COUNTRIES AND NUMBER OF PLACE PER COUNTRY

Country	Number of participants
Slovenia	5 (3 facilitators)
Czech Republic	3
Spain	3
Serbia	2
Germany	2
Romania	2
Denmark	2
France	2
Turkey	3
Italy	2

PARTICIPANTS PROFILE

The training course will take place in **Brežice, Slovenia**, from **10th to 17th of November 2024** and it will bring together a group of **26 young people from 10 partner countries**. The project is targeting youth workers, trainers, coordinators and facilitators from all fields of non-formal education who are motivated to learn new tool to support youth mental well-being.

We are looking for youth workers/youth leaders who are **over the age of 18** with a good level of English, who will be willing and committed to participate actively in ALL sessions (about 8 hours a day):

- All participants **HAVE TO BE OVER 18 YEARS OLD** and **HAVE RESIDENCY IN THE SENDING COUNTRY**.
- The sending organization should take care for gender diversity.

- All participants should speak and understand English.
- Participants should already be involved in youth work or be motivated to get involved with it.
- Participants should be willing to share their knowledge with their colleagues once they return home.
- Participants should be interested in making follow up international projects.

WHAT WE OFFER

Thanks to the financial support of the Erasmus+ Program, we offer the following conditions:

- Food and accommodation during the training course will be provided.
- Travel costs will be reimbursed after the end of the training course, up to an agreed limit depending on the sending country:

Slovenia	Czech Republic, Serbia	Turkey, Romania, Germany, Spain, Italy, France, Denmark
28 EUR (Green travel: 56 EUR)	211 EUR (Green travel: 285 EUR)	309 EUR (Green travel: 417 EUR)

Green travel: If you are traveling exclusively with sustainable means of transportation such as train, buses or carpooling you are granted the green travel budget which is a bit higher. Keep in mind it is **ONLY** if you use just sustainable means of transportation and **NOT** if you use airplane.

Travel costs will be reimbursed to you /your organization **AFTER** the project, and it might take some time. Also, when buying the tickets, bear in mind that **there is a fixed maximum amount reimbursable for your individual trip costs**. The sum, set by the European distance calculator, is for return tickets and covers the travel costs from the

participants' home to Brežice. Participants themselves will cover travel costs exceeding the maximum reimbursable amount.

IMPORTANT: In order to reimburse you, we need all **original invoices, tickets and boarding passes** you will use during your trip. **WITHOUT THESE DOCUMENTS WE WON'T BE ABLE TO REIMBURSE YOU.** On all travel documents has to be written your name and surname, date of travel, from where to where was the journey, and the price. In order to reimburse you we will also need you to fill in the survey from E+ and do the follow up activities. Follow up activities will consist of workshop and on-line dissemination.

Once you book your trip, **LATEST TILL 10.10.2024** please send your arrival and departure time to cirkuslabulle@gmail.com

THE VENUE: Brežice (Slovenia)

The Training Course will take place in the Eastern part of Slovenia, close to the Croatian border. Our venue, **Hostel Brežice**, is located in the green heart of the city, just at a stone's throw from the city center.

Our training space will be a **275m2 big multi-purpose hall** with modern equipment and stage.



place in **Brežice**, a small town situated in the green heart of the city, just at a stone's throw from the city center.

275m2 big multi-purpose hall with modern equipment and stage.

You can check the website of the venue in the following link: <https://www.mc-hostel.si/>

Living:

Participants will be accommodated in **6-bed rooms with WiFi access** and it will be possible to use laundry service, shared kitchen and a cozy lounge area. The hostel has a sunny roof terrace overlooking the castle and the city park where participants can enjoy and relax. In the reception there is a tourist information point, which provides all the information on local attractions.



Eating:

We will have meals at the hostel starting with dinner on the 10th of November. On the 17th of November, breakfast is included as well.

Simple but delicious : During breakfast you can choose what you want to eat from a buffet. Lunch and dinner will be a common, hot dish according to everyone's dietary needs.

You can make our tea breaks more interesting! Bring a food item from your village, city, family, community, region, or country to share with the others.

ARRIVAL AND DEPARTURE

The **arrival day is 10th of November** and the **departure day 17th of November**. All participants have to arrive on the arrival day to the venue and stay till the departure day, if you will arrive later or depart sooner, we won't be able to accept you on the project.

If you plan to come a bit before or leave a bit after the project, please contact us before booking your tickets. You are allowed to come maximum two days before the project starts and leave two days after projects finishes. If you will come/stay longer than that we won't be able to reimburse you.

HOW TO GET THERE

The address of the venue is: MC Hostel Brežice, Gubčeva 10a p.p. 29, 8250 Brežice

By plane:

Flying to Ljubljana, Zagreb, Trieste, Venise, Treviso, Klagenfurt or Graz.

There are cheap flights from all over Europe to these airports. Check Ryanair, Volotea, Easyjet but you can also look other website like Momondo, Skyscanner, Opodo, Kayak or Expedia.

From all the airports you can take a Go Opti shuttle <https://www.goopti.com/en> which will bring you directly to the venue. You necessarily have to write the exact address of the venue (Gubčeva 10a, 8250 Brežice). If you use our discount code, it will make your travel 5 EUR cheaper. The code is **RFLILWSRF4S8** you have to enter it under field discount code.

By bus or train

From your country or from the airport you can get to Brežice by taking a train via Zidani most.

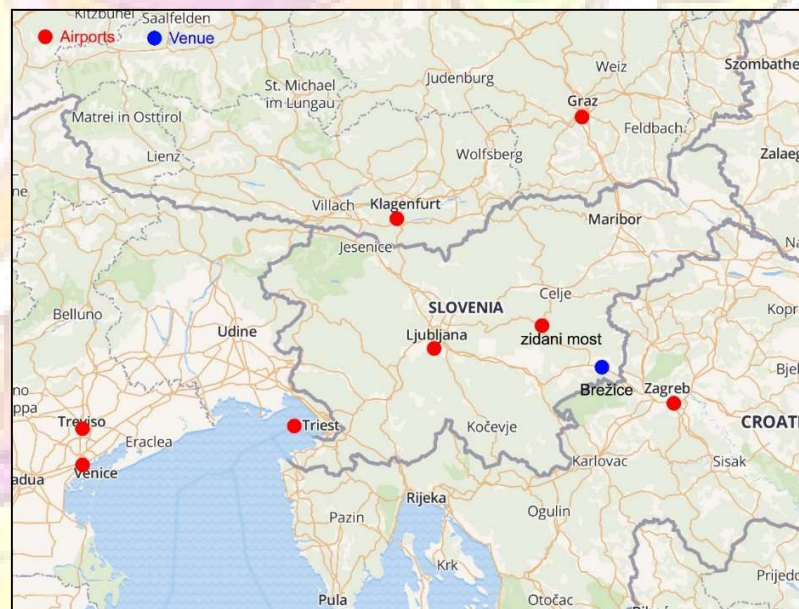
Check the best prices and all the options on <https://eshop.sz.si/en>.

Usually the cheapest buses are the Flixbus, Ouibus or Blablabus ones but you can find cheap Eurolines buses as well.

Slovenian train station: <https://potniski.sz.si/en/>

Slovenian bus station: <https://www.ap-ljubljana.si/en>

Buses to Brežice: <https://www.nomago.si/avtobusne-vozovnice/vozni-red>



If you will come to train station in Brežice you have the following options to reach Hostel:

- Walk 30 minutes to Gubčeva 10a
- Take a local bus : Here is the timetable <https://www.nomago.si/avtobusne-vozovnice/vozni-red> . To get the timetable, write under “vstopna postaja” BREŽICE ŽP and under “izstopna postaja” BREŽICE MARKET. From the market, it is a 7 minutes walk to the hostel brežice <https://goo.gl/maps/s8hFCRx7XpeVhBtAA> .
- Call a taxi : +38631378000, +38631677400. We suggest to book them in advance as they are not always available.

TRAVEL TIPS

To avoid misunderstandings and have an easy reimbursement process, we advise you to:

- Arrange all your travel in advance based on **economy class tickets** and plan the cheapest route possible to the project venue and back home.
- If possible, travel together with participant from your country (come with the same plane, bus, train which will make our and your organization much easier).
- Taxi rides can only be refunded in **special situations and have to be discussed in advance with us.**
- **Please note that car travel is not refundable.**
- If you have any doubt about your travelling plans, please contact the coordinator **before booking tickets.**

Failure to participating in a minimum of 80% of the content sessions or inappropriate behaviour might resolve in reimbursement not being given to the participant or even withdrawal from the course with a notice provided to the sending organization.

PRACTICALITIES

Health insurance

It is mandatory to have a valid travel and medical insurance (**European Health Insurance Card**) during your travel. The host organization will not cover any personal health insurance for participants. Participants have to be aware that obtaining a health insurance in case of accident, serious illness (including permanent or temporary incapacity) and death (including repatriation) as well as the travel insurance (including damage or loss of luggage) **is their own responsibility. We strongly recommend it. Please ask your sending coordinator if you have any doubt.**

Intercultural snacks

We'll have the opportunity to **discover food one another's cultures and national delicacies** during multi-cultural coffee breaks. For this, you can bring some **typical snacks or drinks from your country.**

WHAT TO BRING

- Food item from your place to share with others during the coffee breaks
- Towel
- Toiletries
- Warm clothes
- Earplugs (if you are sensitive to snoring)
- Insurance card, passport
- Games to play in the evening, musical instruments if you like

HOW TO APPLY

Deadline for applications is 1st of October 2024 once you are selected your sending organization will give you the **link to our information form.**

Deadline for buying the tickets to the project is 10th of October 2024

For any questions related to the application, please contact us at cirkuslabulle@gmail.com