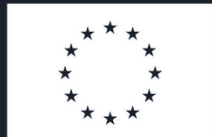


Fundacja Innowacyjnej Edukacji

The C Revolution

COMMEDIA DELL'ARTE IN SOCIAL INCLUSION

DOB CZYCE / KRAKÓW, 9-18.11.2024



Co-funded by
the European Union



The Aim

What You Should Expect

The aim of the project is developing competencies of youth workers in the field of youth empowerment at local level; to act strategically towards impactful social inclusion action through the performative art of commedia dell'arte.

The training in Poland is the second training course of the long-term project “The C Revolution”, which aims to develop the competencies of youth workers in the field of youth empowerment at the local level and to act strategically toward impactful social inclusion action through the performative art of commedia dell'arte, circus, and theatre of the oppressed.



Objectives

- Developing the youth worker's competencies of partner organizations in the field of youth empowerment and social inclusion;
- Delivering three trainings in three different countries in Europe Poland, Slovenia and Portugal;
- Providing European youth workers with a structured flow of knowledge-based as well as experimental and participatory learning;
- Promoting climate actions, social inclusion, tolerance, eco-lifestyle, non-formal education, Erasmus+ programme.
- Developing the networking and cooperation between partner organisations and their youth workers.



About the commedia dell'arte in social inclusion

Key elements of commedia dell'arte:

1. Promoting Social Inclusion. Commedia dell'arte workshops can bring together young people from diverse backgrounds, encouraging collaboration and teamwork. The improvisational nature of the performances requires participants to listen to and support each other, breaking down social barriers. This collaborative environment fosters mutual respect, understanding, and a sense of belonging, all of which are key components of social inclusion.

2. Use of Stock Characters. The archetypal characters in commedia dell'arte (e.g., the cunning servant, the foolish old man, the boastful soldier) are easily recognizable and relatable. These characters can be adapted to reflect contemporary social issues, making them a powerful tool for discussing themes like power dynamics, prejudice, and social roles. Youth can explore different perspectives by stepping into these roles, fostering empathy and a better understanding of others' experiences.

3. Addressing Social Issues. Through the exaggerated scenarios and characters of commedia dell'arte, complex social issues can be explored in a way that is accessible and engaging. Topics such as inequality, discrimination, and power imbalances can be addressed in a humorous yet insightful manner, making it easier for youth to discuss and reflect on these issues. The art form's satirical nature also encourages critical thinking and challenges participants to question societal norms.

About the commedia dell'arte in social inclusion

4. Skill Development. Participation in commedia dell'arte can help young people develop a range of skills, including communication, public speaking, teamwork, and creative thinking. These skills are transferable to other areas of life, enhancing their employability and social mobility. For marginalized youth, such opportunities for personal development can be particularly valuable in overcoming barriers to social inclusion.

5. Building Confidence and Resilience. The playful and exaggerated nature of commedia dell'arte allows participants to take risks in a supportive environment. This can be especially beneficial for youth who struggle with self-confidence or have experienced social exclusion. By engaging in this form of theater, they can build resilience, learn to cope with setbacks, and develop a stronger sense of self.

Participants profile

-active youth workers, educators and leaders

-communicative level of English

-18+ years old

-with some experience in non-formal education or/and with the international educational activities within the Erasmus+ programme

-willing to take dissemination and follow up activities both locally and internationally

Selected participants are in charge of organising a local event (seminar, workshop etc) for own community within the month and a half after the training course comes to an end

Selected participants are in charge of dissemination and visibility activities of the project



Venue

Dobczyce/Kraków, Poland

The training course will take place in Dobczyce - a small village near Kraków.

Participants will stay in bedrooms (2-3 people in rooms with the same gender) with bathrooms. All activities will take place in the workshop room in the next building and outdoor space nearby.

In the venue, there is a canteen which will provide meals (breakfast, lunch, dinner) and coffee breaks.

Together we will take care of the space where we will live, work and learn, therefore we need to keep the place clean and useful for our activities.

<https://hoteldobczyce.pl>





Food

There will be breakfast, lunch and dinner provided for all the duration of the stay as well as 2 coffee-breaks a day.

You can check in after 15-00 on 9th November 2024 and check out before 1000 am on 18th November 2024. The food will be providing starting from dinner on 8/11 and finishing with breakfast on 18/11.

Financial Conditions

All costs related to the programme, food, accommodation and shared equipment will be covered for participants by organisers. Transfer from Kraków to the venue (9.11) and way back (18.11).

The travel costs will be reimbursed by sending organizations up to reimbursement limit (see below).

Portugal 345 euro

Slovenia 260 euro

Poland 23 euro





Important information

- Attending all activities and workshops is mandatory unless there is a valid reason for absence.
- IF LESS THAN 90 % OF THE PROGRAM IS ATTENDED, IT WILL NOT BE POSSIBLE TO REIMBURSE FOR THE TRAVEL COST.
- To be reimbursed, the participant has to provide all evidence of travelling: coach/train tickets, boarding passes, invoices, etc., as well as the evidence of payment(e.g., bank transcript of payment)
- Buying all tickets is an obligation of participants (with partners' organizations' support). Before purchasing the travel tickets, we are asking you to send us potential routes and costs and wait for a confirmation from us that they are OK
- Missing or lost tickets will not be reimbursed
- Taxi cost is reimbursed only if agreed with organizers before

Travel

The easiest way is just to fly to Krakow International airport (KRK).

Transfer from Krakow to Dobczyce (Venue) will be organised for participants together. The departure of the group bus will be from Krakow Meeting Point.

Meeting point (the exact time will be specified later):
Galeria Krakowska Shopping mall entrance on Plac Jana Nowaka-Jeziorańskiego. Google Map location: [HERE](#)

In order to get to the Meeting Point on time, we strongly recommend you plan your arrival to Krakow (KRK) before 17:00 on 09/11- it takes about 20 min from the airport to get to the Meeting Point by train.



Insurance

Each participant is responsible for their own Health Insurance coverage during their stay in PL.

Please check the regulations of your own Health Care package to ensure you are properly insured.

EHIC card works in Poland, make sure you have it with you and it's not expired.



What to bring

- First of all - bring yourself with all your best talents and ideas to share.
- We strongly recommend to obtain a European Health Insurance Card (for EU/EFTA/Swiss residents, free of charge).
- If you wish, please bring some traditional snacks and drinks from your country for international coffee breaks
- Medicines: For preventive reasons we recommend for those who have health problems to bring their own medicines. The basic First Aid kit will be available at the venue.
- Comfortable clothes and shoes suitable for outdoor activities and suitable for current weather conditions.
- Some games or musical instruments if you wish for the evenings.

HOW TO APPLY: PLEASE FILL IN THE FORM ON THIS LINK: <https://forms.gle/KRYvLxqMEjRteVdt5>

YOU CAN CONTACT US ON CIRKUSLABULLE@GMAIL.COM

